**Camp Packing list**

**Clothing** *(Check forecast for South Frontenac before packing adjust accordingly)*

* 2 sweaters
* 3 pairs pants
* 3 shirts
* 3 pairs of socks (wool is best)
* 3 pairs of underwear
* Uniform if you have it
* Warm pyjamas (you want to be dry at bed time)
* Hat (for sleeping with)
* Gloves
* Long underwear

**Gear**

* Headlamp
* Pocket knife
* Survival kit
* Matches
* Bug spray
* Sunscreen
* Spare batteries for headlamp

**Sleeping**

* Sleeping bag (if your sleeping bag is not rated to -10 I would recommend two sleeping bags one inside the other.
* Sleeping bag line (if you have one)
* Small Pillow or pillow case to pack clothes into.
* Air Mattress

**Hygiene**

* Toothbrush
* Toothpaste
* Floss
* Deodorant
* Earplugs

**Other**

* Hiking Boots
* Running shoes
* Coat
* Tuque
* Sunhat
* Raincoat
* Rain pants

This site has some good information for layers to pack for hiking (or camping ) in the fall. <https://www.limitlesshiker.com/blog/what-to-wear-on-fall-hikes/>

REMINDER

No electronics or food at camp. We do not want food in the tents for raccoons or bears.

Feel free to bring a book to read, cards to play, or a small board game.